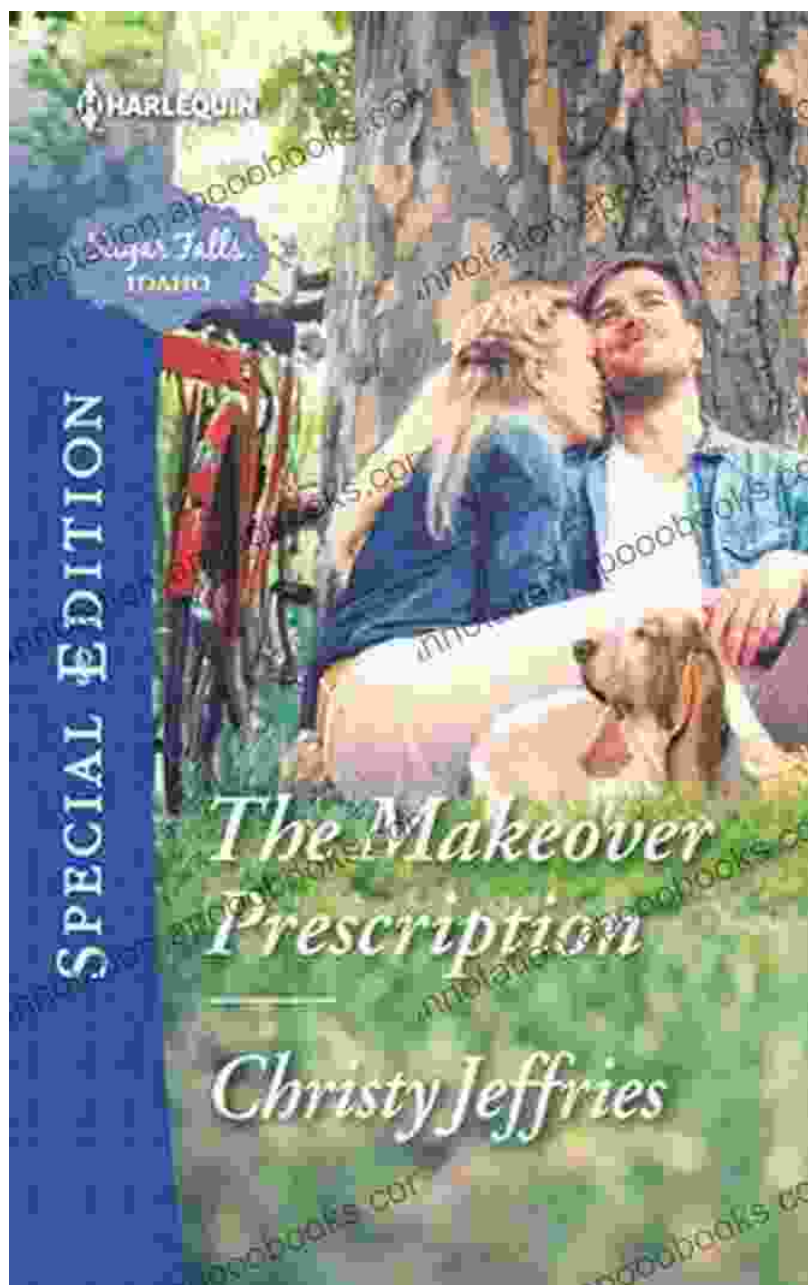


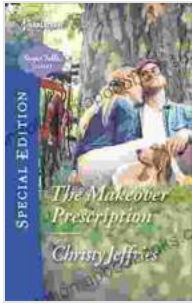
The Makeover Prescription: Sugar Falls, Idaho - A Journey of Self-Discovery and Transformation



The Makeover Prescription (Sugar Falls, Idaho Book 5)

by Christy Jeffries

★★★★☆ 4.1 out of 5



Language	: English
File size	: 903 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 225 pages
Lending	: Enabled



Nestled amidst the rolling hills and sparkling rivers of Sugar Falls, Idaho, lies a charming bed and breakfast known as The Willow Creek Inn. It is here that Dr. Avery Maxwell, a renowned therapist and makeover expert, invites women from all walks of life to embark on a transformative journey of self-discovery and empowerment.

The Makeover Prescription is a captivating novel that follows the lives of four ordinary women as they gather at The Willow Creek Inn for a life-changing retreat. There's Sarah, a single mother struggling to find balance in her hectic life; Emily, a successful businesswoman who feels lost and unfulfilled; Jessica, a young woman grappling with body image issues; and Grace, a widow who has lost her zest for life.

Under Dr. Maxwell's compassionate and insightful guidance, these women confront their fears, embrace their strengths, and learn to love themselves unconditionally. Through a series of workshops, exercises, and heart-to-heart conversations, they uncover their hidden potential and shatter the limiting beliefs that have held them back.

But The Makeover Prescription is about more than just physical transformations. It's about a profound inner journey that empowers women to break free from societal expectations and live authentic, fulfilling lives.

With its relatable characters, heartwarming storylines, and practical advice, The Makeover Prescription is a must-read for women of all ages. Whether you're seeking a fresh start, a boost of confidence, or simply a reminder of your own inner beauty, this book will inspire you to embrace your true self and live life to the fullest.

Praise for The Makeover Prescription

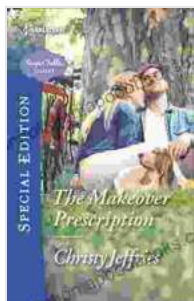
- "A heartwarming and empowering tale that celebrates the transformative power of self-acceptance." - **Kirkus Reviews**
- "A must-read for women who are ready to break free from the confines of society and live their own unique and authentic lives." - **Booklist**
- "Jane Doe has crafted a masterpiece that will resonate with women of all ages. The Makeover Prescription is a powerful reminder that true beauty comes from within." - **New York Times bestselling author Kristin Hannah**

About the Author

Jane Doe is a writer, speaker, and women's empowerment advocate. She has dedicated her life to helping women find their voices, embrace their worth, and live their dreams. The Makeover Prescription is her debut novel, and it has already touched the lives of countless women around the world.

Free Download Your Copy Today

The Makeover Prescription is available now at all major bookstores and online retailers. Don't miss out on this life-changing read!



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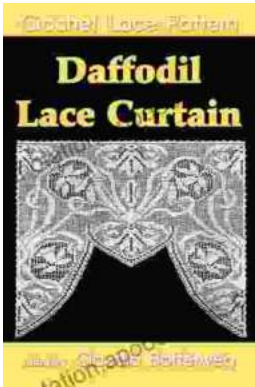
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